

## NADIA S. ANSARY, Ph.D.

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### EDUCATION

- Ph.D., 2006 Teachers College, Columbia University, New York, New York  
Major: Developmental Psychology; Dissertation Defense:  
December 6, 2005, Passed With Distinction, Dissertation Title:  
*Antecedent-consequent associations between externalizing and  
internalizing distress and academic achievement: A study of  
affluent suburban adolescents*
- M.Phil., 2006 Teachers College, Columbia University, New York, New York  
Developmental Psychology
- M. A., 1999 Teachers College, Columbia University, New York, New York  
Developmental Psychology
- B.A., 1997 Rutgers, The State University of New Jersey, New Brunswick,  
Graduated with High Honors  
Majors: Psychology and Biology

### TEACHING

- 2019-Present Professor, *Department of Psychology, Rider University*
- 2012-2019 Associate Professor
- 2009-2012 Assistant Professor II
- 2007-2009 Assistant Professor I
- 2006-2007 Visiting Assistant Professor
- PSY 105 Introduction to Research Methods
  - PSY 201 Statistics and Research Design
  - PSY 295 Directed Study
  - PSY 350/350L Research Methods: Developmental Psychology<sup>1</sup>
  - PSY 377/577 Developmental Psychopathology<sup>1,2</sup>
  - PSY 383 Psychology and Culture<sup>1,2</sup>
  - PSY 400 Senior Seminar<sup>1</sup>
  - PSY 490 Independent Study
  - PSY 567 Multicultural Perspectives in Applied Psychology<sup>2</sup>
  - PSY 595 Selected Topics
  - BHP 150 Great Ideas II (co-taught)
  - BHP 302 Mirrors of the Mind<sup>2</sup> (co-taught)

### SCHOLARSHIP

#### Publications

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<sup>1</sup> Courses that have been taught either as a hybrid or online format.

<sup>2</sup> Courses developed.

- Ansary, N. S. (2020). Cyberbullying: Concepts, theories, and correlates informing evidence based best practices for prevention. *Aggression and Violent Behavior, 50*.  
<https://doi.org/10.1016/j.avb.2019.101343>
- Ansary, N. S. (2018). *Religious-based bullying: Insights on research and evidence-based best practices from the National Interfaith Anti-Bullying Summit (2017)*. Washington, D.C.: Institute for Social Policy and Understanding.
- Ansary, N. S., McMahon, T., & Luthar, S. S. (2017). Trajectories of emotional behavioral difficulty and academic competence: A six-year, person-centered, prospective study of affluent suburban adolescents. *Development and Psychopathology, 29*(1), 215-234.  
doi:10.1017/S0954579416000110
- Haboush, K., & Ansary, N. S. (2017). Muslim couples and families. In S. Kelly (Ed.), *Issues in couple and family psychology: Across socioeconomics, ethnicities, and sexualities* (pp. 259-288). Santa Barbara, CA: Praeger.
- Ansary, N. S., & Salloum, R. (2016). Community based prevention and intervention: Addressing the mental health and social service needs of Arab-Americans. In M. Amer & G. Awad (Eds.), *Handbook of Arab American Psychology* (pp. 344-358). Routledge.
- Ansary, N. S., Elias, M., Greene, M., & Green, S. (2015). Guidance for schools selecting anti-bullying approaches: Translating evidence-based strategies to contemporary implementation realities. *Educational Researcher, 44*(1), 27-36.  
doi:10.3102/0013189X14567534
- Ansary, N. S., Elias, M., Greene, M., & Green, S. (2015, October). Best practices to address (or reduce) bullying in schools. *Phi Delta Kappan, 97*, 30-35,  
doi:10.1177/0031721715610088
- Ansary, N. S., Scorpio, E., & Catanzariti<sup>3</sup>, D. (2013). Parent- adolescent ethnic identity discrepancies and adolescent psychosocial maladjustment: A study of gender differences. *Child and Adolescent Social Work Journal, 30*, 275-291. doi: 10.1007/s10560-012-0292-y
- Ansary, N. S., McMahon, T., & Luthar, S. S. (2012). Socioeconomic context and emotional-behavioral-achievement links: Concurrent and prospective associations among low- and high-income youth. *Journal of Research on Adolescence, 22*(1), 14-30. doi: 10.1111/j.1532-7795.2011.00747.x
- Ansary, N. S., & Salloum, R. (2012). Community-based prevention and intervention. In S. Ahmed & M. Amer (Eds.), *Counseling Muslims: Handbook of mental health issues and interventions* (pp. 161-180). Routledge.
- Ansary, N. S., & Luthar, S. S. (2009). Distress and academic achievement among adolescents of affluence: A study of externalizing and internalizing problem behaviors and school performance. *Development and Psychopathology, 21*, 319-341.  
doi: 10.1017/S0954579409000182
- Luthar, S. S., & Ansary, N. S. (2005). Dimensions of adolescent rebellion: Risks for academic failure among high- and low-income youth. *Development and Psychopathology, 17*, 231-250. doi: 10.1017/S0954579405050121

### **Manuscripts in Preparation**

- Ansary, N. S. (2020). *American Muslim youth and school-based bullying: A mixed method examination of prevalence rates and correlates*. Manuscript in preparation.

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<sup>3</sup> Denotes Rider University student co-authors and presenters.

Ansary, N. S. (2020). *American Muslim young adults: Perceived discrimination and bias-based bullying on college campuses and in the workplace*. Manuscript in preparation.

Ansary, N. S. & Hatchimonji, D. R. (2020). *The MOSAIC approach to curriculum: Purpose, skills, virtues, cultural considerations*. In M. J. Elias (Ed.), *Developing social-emotional and character competencies on purpose: Theory and practice for the next generation of school interventions*. Invited

### **Research Projects**

- Muslim Youth Study I (Quantitative and qualitative data, n = 86)
- Muslim Youth Study II (Quantitative and qualitative data, n = 188)
- Muslim Young Adult Study I (Quantitative online survey, n=277)
- Muslim Young Adult Study II (Quantitative online survey forthcoming)

### **Presentations at National Conferences**

Ansary, N. S. (2018, August). Muslim American couples and families. In S. Kelly (Chair), *Culturally competent intervention with diverse couples and families*. Symposium conducted at the annual meeting of the American Psychological Association, San Francisco, CA.

Ansary, N. S. (2017, December). *Religious minorities and bullying. Current research, evidence based best practices, and future directions*. Keynote presented at the National Interfaith Anti-Bullying Summit, Washington, D.C.

Ansary, N. S., & Neubeck<sup>3</sup>, G. W. (2015, May). *American Muslim college students and substance use: Prevalence rates, reasons for use, and correlates*. Poster session presented at the annual meeting of the Association for Psychological Science, New York, NY.

Ansary, N. S., & Salloum, R. (2011, August). Community-based prevention and intervention strategies. In M. Amer (Chair), *Effective mental health interventions for Muslim individuals, families, communities*. Symposium conducted at the meeting of the American Psychological Association, Washington, DC.

Scorpio, E., & Ansary, N. S. (2011, May). *Religiosity and religious affiliation influence moral judgment*. Poster session presented at the annual meeting of the Association for Psychological Science, Washington, DC.

Ansary, N. S., McMahon, T., & Luthar, S. S. (2011, March). *Achievement trajectories and the emotional-behavioral outcomes of high- and low-income youth: A person-centered approach*. Poster session presented at the Biennial Meeting of the Society for Research on Child Development, Montreal, Quebec, Canada.

Nemeth<sup>3</sup>, S. D., Ansary, N. S., Seiden<sup>3</sup>, A., & Keith<sup>3</sup>, S. (2009, May). *Father-daughter bonds and the quality of daughter's romantic relationships: Are the two significantly linked?* Poster session presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.

Ansary, N., & Fama<sup>3</sup>, S. (2008, May). *Parental strictness during high school and risky college drinking patterns: Is it a case of 'When the cat's away the mice will play'?* Poster session presented at the annual meeting of the Association for Psychological Science, Chicago, IL.

Ansary, N., Antolino<sup>3</sup>, K., Hawk<sup>3</sup>, K., Lahens<sup>3</sup>, D., & Schaffer<sup>3</sup>, J. (2007, May). *College*

*seniors' satisfaction with college experience and preparedness to enter the workforce.* Poster session presented at the annual meeting of the Association for Psychological Science, Washington, DC.

### **Invited Presentations**

- INvolve and Moët Hennessey (event partners)  
Panel presentation on microaggression in the workplace. *It's not luck: Understanding the power of words*, October 22, 2019.
- International Bullying Prevention Association, Facebook, and Instagram (event partners)  
Interfaith Bullying Prevention Summit. Keynote presentation. *Religious-based bullying: Insights on research and evidence-based best practices*, October 10, 2019.
- Institute for Social Policy and Understanding  
*A Panel Discussion on Religious-based Bullying*. Presented at NYU: Washington, D.C. December 5, 2018.
- Sisterhood of Salaam Shalom  
Muslim Jewish Women's Leadership Conference. *Overview of How to Recognize Bullying and How to Prevent It*. Hosted at Drew University, December 4, 2016.
- New Jersey School Health and Climate Coalition Healthy Schools, Healthy Students: A Year-Long Series of Conferences Devoted to Helping All Students Thrive Socially, Emotionally, Physically, and Academically: *School Climate and Bullying: Where Are We Now? What Do We Need to Do?*, August 15, 2016.
- New Jersey Alliance for Social, Emotional and Character Development  
Keynote panelist at annual conference. *Muslim American Youth and Social Emotional Learning*, May 20, 2016.
- New Jersey Alliance for Social, Emotional and Character Development  
Co-presented a workshop at this annual conference for educators entitled: *Marginalized and Misunderstood: Muslim Youth at the Fringes of the School Community*, May 20, 2016.
- Sisterhood of Salaam Shalom at the Children's Museum of Manhattan.  
*Anti-Bullying Workshop for Educators*, May 2, 2016.
- Sisterhood of Salaam Shalom at the Children's Museum of Manhattan.  
*Anti-Bullying Workshop for the Public*, May 2, 2016.
- Institute for Social Policy and Understanding.  
*Religious-Based Bullying: Insights on Research and Best Practices*. Presentation to middle school educators, Michigan, March 18, 2016.

- Institute for American Muslim Youth  
*Muslim American Youth and Bullying: Initial Findings Related to Prevalence Rates and Correlates*, January 17, 2015.
- New Jersey Center for Tourette Syndrome and Associated Disorders, Inc.  
Conducted a webinar entitled: *Harassment, Intimidation, and Bullying and Vulnerable Populations: What Parents and Educators Can Do*, November 19, 2014.
- Peace Islands Institute, Annual Conference  
Presented the keynote address entitled: *Cyberbullying and Our Schools: The Current State of the Field*. Rutgers University, New Brunswick, May 20, 2013.
- New Jersey Association of School Social Workers  
Co-presented a workshop entitled: *New Jersey's Anti-Bullying Bill of Rights & Diverse Student Groups*, April 22, 2013.
- New Jersey Alliance for Social, Emotional and Character Development  
Co-presented a workshop at this annual conference for educators entitled: *New Jersey's Anti-Bullying Bill of Rights and Diverse Student Groups*, March 18, 2013.
- The Julius and Dorothy Koppelman Holocaust/Genocide Resource Center at Rider University. Co-presented a workshop entitled: *What Educators Should Know About New Jersey's Anti-Bullying Bill of Rights and Diverse Student Groups*, December 6, 2012.
- New Jersey Alliance for Social, Emotional and Character Development,  
Co-presented a workshop at this annual conference for educators entitled: *Positive school climate & the prevention and intervention of bias-based bullying*, March 14, 2012.
- Autism New Jersey  
Co-presented workshop entitled: *Bullying and Autism Spectrum Disorders: A Primer for Professionals*, February 10, 2012.
- Arab-American Disabilities Conference  
Co-presented a workshop on the religious and cultural perceptions of developmental disabilities within the Arab-American community, December 10, 2011.
- The Julius and Dorothy Koppelman Holocaust/Genocide Resource Center at Rider University. Teacher workshop: *Promoting Diversity in Schools: A Necessity Not a Luxury*, December 6, 2011.
- Superior Court of New Jersey, Vicinage 13 (Somerset, Hunterdon and Warren Counties), Advisory Committee on Minority Concerns, Somerset County Bar Foundation, and NJ State Bar Foundation, [The Bullying Dilemma...Join in the Conversation](#). Invited panelist who was asked to invite other speakers, create, and

coordinate the presentation. Over 100 individuals were in attendance and Continuing Education Credits were provided to attendees, April 28, 2011.

- The Julius and Dorothy Koppelman Holocaust/Genocide Resource Center at Rider University. Teacher workshop: *Embracing—Not Just Tolerating Diversity*, December 7, 2010.
- South Brunswick Commission on Women  
Invited speaker at the Women’s Leadership Conference, February 28, 2009.
- Conducted numerous parent talks on different topics including bullying in schools and acculturation, discrimination, and mental wellbeing to a Muslim audience at mosques in the Northeast, April 2009-2015.

### **Journal and Book Reviewer**

- *Developmental Psychology*
- *Educational Psychology*
- *Journal of Adolescence*
- *Journal of Research on Adolescence*
- *Prevention Science*
- *Child and Adolescent Psychopathology, 2<sup>nd</sup> ed.*, (Eds.), Ted Beauchine and Steven Hinshaw

### **Scholarly/Advisory/Advocacy Roles**

- *Institute for Social Policy and Understanding (ISPU) Scholar*, 2018-Present  
Part of a panel of leading experts on issues facing Muslim Americans.
- *New Jersey Muslim Jewish Advisory Council (NJ-MJAC)*, Member 2018-Present  
Part of the New Jersey chapter of the national Muslim Jewish Advisory Council, an interfaith advocacy group created by The American Jewish Committee (AJC) and Islamic Society of North America (ISNA).
- *New Jersey Department of Education SEL Working Group*, 2016-2018  
Part of a team of experts providing guidance on the revision of the social emotional learning curriculum within the state.
- *MOSAIC Advisory Group*, 2015-2018  
Part of a team of experts on social-emotional-learning providing guidance in the implementation of this Templeton Grant funded project. The *MOSAIC* program, developed by Dr. Maurice Elias, is an intervention program aimed at promoting positive outcomes among disadvantaged inner-city youth.
- *Superior Court of New Jersey’s Somerset/Hunterdon/Warren Vicinage Committee on Minority Concerns. Bullying Prevention and Intervention in New Jersey*  
Consulted on bullying programming for Law Day Event 2011.

- *Sisterhood of Salaam/Shalom, 2009-Present*  
*Member of the South Brunswick Charter Chapter, 2009-Present*
- *New Jersey Commission on Bullying in Schools, 2008-2009*  
Appointed by Governor Jon S. Corzine to serve on the *New Jersey Commission on Bullying in Schools*. Participation entailed collecting information from the community (conducted public hearings and focus groups), information gathering for the report, and was part of the writing committee that rendered the report. Recommendations entailed school-based and legal remedies to reduce bullying in schools.
- *Passaic County Mental Health Association Arab American Community Services Partnership, 2006-2007*  
Part of an initiative charged with designing interventions aiming to promote overall mental health and adjustment within the Arab American community.

### **Board Positions**

- *Sisterhood of Salam/Shalom, 2013-2017*  
Served on the Board of this National interfaith women's group whose mission is to foster relationships between Muslim and Jewish women throughout the country. There are over 100 chapters nationwide. Member since the first chapter was developed in 2010.
- *New Jersey Alliance for Social, Emotional and Character Development, 2012-2015*  
Served on the Board of this organization whose mission is to provide guidance and support to educators implementing social emotional learning curricula in schools. Co-chaired the Conference Committee, 2013-2015.
- *Tanweer: The Arab American Family Center of New Jersey, Inc., Treasurer, 2006-2010*  
This social service organization provided support for the Arab-American community through workshops, a mentoring program for adolescents, as well as social advocacy.

### **Media**

- Interviewed for KQED News: The California Report segment entitled, *Supporting Muslim Teens in Face of Islamophobia—In Their Own Schools*, October 7, 2019.
- Radio broadcast. Green, S. (Presenter), & Ansary, N. S. (Guest). Bullying and Muslim youth. In *920 AM The Voice*. Princeton, New Jersey, May 31, 2014.
- Radio broadcast. Green, S. (Presenter), & Ansary, N. S. (Guest). Adolescence and Bullying. In *920 AM The Voice*. Princeton, New Jersey, May 24, 2014.
- Appearance on *Fresh Outlook, Ebru TV*, 9/11 12<sup>th</sup> Anniversary, September 7, 2013.
- Appearance on *Fresh Outlook, Ebru TV*  
Invited to speak on this local television show with other experts concerning the psychological effects of kidnapping relating to three Ohio women held captive for ten years, May 11, 2013.

- Appearance on *Eye on Ocean County*  
Invited to speak on this local television show with another expert on bullying in schools,  
September 26, 2012.

**LANGUAGES**

Arabic